



<h2 style="text-align: center;">James Sach</h2> <h3 style="text-align: center;">Secondary Curriculum Design Physical Education</h3>	
<p><b>Name</b></p>	<p>James Sach</p>
<p><b>Role</b></p>	<p>Secondary Physical Education Curriculum Designer and Subject Knowledge Facilitator</p>
<p><b>Organisation</b></p>	<p>St Cuthbert Mayne School</p>
<p><b>Phase</b></p>	<p>Secondary</p>
<p><b>Subject Taught</b></p>	<p>Physical Education</p>
<p><b>Subject / Phase Facilitating</b></p>	<p>Secondary Physical Education</p>
<p><b>About me</b></p>	<p>10 years in Secondary Education</p> <p>ITT Lead</p> <p>ECF Induction Tutor</p> <p>NPQML</p> <p>Undertaking NPQLTD</p>
<p><b>PE is special because:</b></p>	<p>Physical Education is special because it gives every child the opportunity to experience success, inclusivity, and positive wellbeing.</p> <p>Physical Education opens the eyes of every child to the world of physical activity in and beyond the classroom. Physical Education teaches the cognitive skills and knowledge required to participate in physical activity, it also develops skills such as leadership, teamwork, moral and ethically thinking.</p>



	<p>Alongside this, students will experience how physical activity reduces stress and anxiety, builds self-esteem and confidence. This is accomplished by students being given the freedom to express themselves creatively and exploration of how the human body functions.</p> <p>By supporting students on their journey through Physical Education, we are ensuring they have the necessary skills needed to be physically active for a lifetime.</p> <p>Physical Education is an essential part of any school's curriculum and plays an important part in shaping the young minds, and bodies of all our students in a way that no other subject can.</p>
<p>Train / Work Somewhere Special</p>	<p>Working with individuals who want to make a difference to young lives excites me and it is a privilege to be a part of their journey as a teacher.</p> <p>I am passionate about sharing the best practice, research and pedagogical knowledge with future PE teachers to ensure that every child can thrive.</p>
<p>Work Somewhere Special</p>	<p>Being a PE Teacher is great career because...</p> <ul style="list-style-type: none"> <li>• You can help unlock the sporting potential in every child.</li> <li>• Promotes physical health and wellbeing.</li> <li>• PE embraces teamwork, sportsmanship, and creativity.</li> <li>• Inspires a lifelong love for physical activity and participation.</li> <li>• Helps to shape young minds beyond the classroom.</li> </ul>
<p>Live Somewhere Special</p>	<p>A sunny Saturday morning at Berry Head, enjoying a cappuccino and taking in the view with the family.</p>